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Social Media and Electronic Communication Policy

Email: No form of electronic communication that includes cellphone conversations and texts is completely secure. Any emails I receive from you and any responses that I send to you may become a part of your legal medical record. If you have information related to our therapeutic work, I encourage you to bring it up at your next meeting or leave a voice mail. Email should not be used in a crisis situation, please contact your local crisis center or call 911.

Facebook, Twitter, Pinterest, LinkedIn, and YouTube etc.: I maintain profiles on different social media platforms in order to find and share content related to therapy, relationships, and parenting. You are welcome to view these profiles, though this is not a requirement of our therapeutic work together.

Following: If you chose to become a fan or follower of my social media sites, it is my understanding that you are willing to potentially compromise your confidentiality as a current or former client. I encourage you to carefully consider this decision, and choose more confidential methods, such as RSS feeds or pseudonyms, to maintain your confidentiality. I do not actively follow current or former clients on any social networking site, blog or website.

Communication via Social Media Sites: Please do not use any social networking site or the comment section of my blog as a means of communicating about our therapeutic work together, or for advice related to your child or family. If you have questions or concerns, please leave me a voice message or discuss them at our next meeting. I do not contact current or former clients via any social networking site.

Business/Provider Review Sites: If you find my listing on a site, such as Healthgrades, please be aware that I am not requesting a testimonial, rating, or endorsement from you as my client. I do not regularly check these sites, and may never see your comment. In order to protect your confidentiality, I will not respond to any postings or reviews. If you have feedback about our work together, I encourage you to share it with me during our meetings.

Texting: It is important to understand that text messages and emails and other non-face to face communication can be misinterpreted because it is difficult to know the tone of the message, the facial expressions, or non-verbal cues related to the message. If you are unsure about the intent or content of my communication, I encourage you to ask me for clarification.

I have reviewed and received a copy of this Social media policy

Signature _____ Date: _____