

Ramona Taylor MA MFTI Marriage & Family Therapist Registered Intern

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Brief Couples Questionnaire:

Family

1. To what extent are children the source of problems or tension between you and your spouse?

Often Sometimes Rarely Never

2. To what extent are stepchildren the source of problems or tension between you and your spouse?

Often Sometimes Rarely Never

3. What do you have differences and/or conflicts over? Check your response.

Discipline Favoritism Amount of time spent with children Chores Other _____

4. To what extent are in-laws the source of problems or tension between you and your spouse?

Often Sometimes Rarely Never

5. To what extent are hobbies the source of problems or tension between you and your spouse?

Often Sometimes Rarely Never

6. To what extent are friends the source of problems or tension between you and your spouse?

Often Sometimes Rarely Never

Making Decisions

List the areas of decision making that you would like to be more involved in and tell the extent.

What areas of decision-making does your partner want to be more involved in and to what extent?

Identify the areas of decision-making your spouse would like you to be more involved in.

Identify the areas of decision-making you would like your spouse to be more involved in.

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Conflicts

Which of the following decision-making areas of marriage are conflicts at the present time?

- | | |
|---|---|
| <input type="checkbox"/> Child-rearing practices | <input type="checkbox"/> Leisure activity |
| <input type="checkbox"/> Cleanliness of home | <input type="checkbox"/> Selecting gifts for others |
| <input type="checkbox"/> Family size | <input type="checkbox"/> TV shows |
| <input type="checkbox"/> Frequency of sex | <input type="checkbox"/> Use of finances for necessities |
| <input type="checkbox"/> Household chores | <input type="checkbox"/> Use of finances for recreational use |
| <input type="checkbox"/> How often to see relatives | <input type="checkbox"/> Vacation plans |
| <input type="checkbox"/> How to celebrate special occasions | <input type="checkbox"/> Where to attend church |
| <input type="checkbox"/> How to entertain friends and relatives | <input type="checkbox"/> Where to live |
| <input type="checkbox"/> How you spend free time apart | <input type="checkbox"/> Who initiates sex |
| <input type="checkbox"/> How you spend free time together | <input type="checkbox"/> Other _____ |